

Ensure® Plus Therapeutic Nutrition

Complete, balanced nutrition to help gain or maintain a healthy weight

ENSURE PLUS provides concentrated calories and protein to help patients gain or maintain healthy weight. It can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss. For oral use. For interim sole-source nutrition. Use under medical supervision.



Features

- Complete, Balanced Nutrition®.
- 27 vitamins and minerals.
- 40% more calories than Ensure Original Therapeutic Nutrition (350 vs 250 Cal/8 fl oz).
- 40% DV of vitamin D in 8 fl oz to support bone health.
- Concentrated calories (1.5 Cal/mL) and an excellent source of protein (13 g/8 fl oz).
- Excellent source (650 mg/8 fl oz) of plant-based omega-3 fatty acid alpha-linolenic acid (ALA, 40% of 1.6 g DV) to support heart health.
- Good source of fiber (3 g scFOS/8 fl oz) to help maintain regularity.
- #1 Doctor-recommended brand.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

Safety Precautions

- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item
64911	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 8 fl oz (237 mL) Recloseable Carton / 24 ct
58299	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 8 fl oz (237 mL) Bottle / 24 ct

Ingredients

Milk Chocolate Liquid

Water, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (Canola, Corn), Milk Protein Concentrate, Soy Protein Isolate, Short-chain Fructooligosaccharides, Cocoa Powder (Processed with Alkali). Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Sodium Citrate, Calcium Carbonate, Magnesium Phosphate, Choline Chloride, Potassium Chloride, Ascorbic Acid, Ferrous Sulfate, dl-Alpha-TocopherylAcetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Calcium Phosphate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12), Nonfat Milk, Natural & Artificial Flavor, Soy Lecithin, Cellulose Gel, Cellulose Gum, Carrageenan, and Salt.

Contains milk and soy ingredients.

Nutrition Information

8 fl oz (237 mL)

	Value	%DV*
Calories	350	
Total Fat, g	11	14
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Polyunsaturated Fat, g	4	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	220	10
Total Carbohydrate, g	52	19
Dietary Fiber, g	3	11
Total Sugars, g	22	
Added Sugars, g	21	43
Protein, g	13	26
Vitamin D, mcg	8	40
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	470	10
Vitamin A		25
Vitamin C		50
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25
Niacin		40
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		15
Iodine		25
Magnesium		20
Zinc		30
Selenium		25
Copper		25
Manganese		25
Chromium		25
Molybdenum		25
Chloride		10
Choline		25

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

8 fl oz Container

- Shake well. Serve cold.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

1 QT bottle

- **Do not use if band around cap or inner seal is missing or broken.**
- Shake bottle very well.
- Remove protective band and twist off cap.
- Invert cap and place on foil seal.
- Press cap down to pierce foil, then turn cap a half turn.
- Lift off and throw away foil.
- Pour and enjoy!
- Tastes best chilled, or can be served at room temperature.
- Refrigerate after opening.